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Active Schools Newsletter

Sport Relief, Kings Park Community Club and Spring Holiday Programme Edition Feb 2012

Active Schools Update

From the start of 2012 schools in the Kings Park Active Schools Area have been active in various projects.

My Primary Schools: OLA, Merrylee, Toryglen, Croftfoot, Kings Park, Mount Florida and Miller Primary have been involved in various ways of getting children active for 60 minutes a day.

Some schools have accessed the Langside College Volunteer placement scheme delivering golf and netball sessions in schools linking with the *local golf club in Castlemilk St Margaret Marys on Tuesdays (6-8pm)* and within netball the training was in preparation leading up to the Kings Park Schools Netball Regional finals on the 16th of February which was won by Toryglen Primary. Local Netball is available at Kings Park Secondary with the *Holyrood N.C. on Saturdays at 10-12*.

Another success was the South Side Active Schools Cross Country event at Neth-

erpollok Park. As a team of schools - children from the Kings Park Area Schools were placed 1st of the 9 South Side areas represented at P6 level boys and girls and 3rd and 4th at P7 boys and girls, with some great individual performances. More to follow in the Spring Full edition.

Kings Park Secondary: Sports Leaders from Kings Park Secondary are running various clubs at lunch and after school and are also going on placements in Primary schools leading sports and activities. Sports Captains in the secondary are leading the way with the marketing and promotion of all activities and even project and event management such as assisting at the recent swimming gala!

Additional Support For Learning Schools:

Hampden and Toryglen Autism Unit are enjoying a Project of Clyde Gateway/Active Schools Health and Fitness Sessions in School on Fridays leading to a fun health day whilst learning about health and fitness through games and lessons!

Sport Relief Mile run at George Square

Free Parent and Child Sport Relief Run

Children from schools are offered the option to attend (with a parent/carer) the Sport Relief Mile at George Square on the 25^{th} of March between 1330-1400 http://my.sportrelief.com/search/event/result?id=1015.

Free Registration:

Any P3-7 child or Secondary pupil can enter. Instead of parents registering their child online and paying for it themselves - registration is FREE through me due to further Active Schools Funding and a kind donation from John Harkins - Health development officer for the NHS.

We will fund a limited (about 100 parents and children) number of applicants from my local schools.

- All Primary children must be transported and escorted to and from George Square by a responsible parent/carer. Secondary pupils can travel themselves with their parents consent.
- 2. Kids attending the Primary Breakfast Sport Relief Clubs can run with Active Schools Coaches whilst Children not attending the breakfast clubs must run with an adult.
- If interested parents/carers <u>must complete</u> <u>the online (Excel) entry form</u> on the Kings Park Secondary website and return it to me by the 7th of March for a free place! For full information visit:

http://www.kingspark-sec.glasgow.sch.uk/

Fancy Dress is allowed!

P.T.O. for the Registration form for Kings Park Area schools (5-8 year old) Games and Activities Community Club and (5-12's) Easter Holiday Programme Application Forms!

Application form for:

- 1. Kings Park Secondary Community Club, and
- 2. Kings Park Secondary Spring Holiday Activities Programme.

NOT FOR SPORT RELIEF MILE—ONLINE FORM AT KP SEC WEBSITE

This form will also be available on some Primary School Websites and the Kings Park Secondary website. http://www.kingspark-sec.glasgow.sch.uk/

Complete online and email to me or bring it with you to the clubs to register your child!

1. FREE Games and Activities Community Club for Primary 1-4's in Kings Park Secondary at Kings Park Secondary (PE DEPT)

Starting Wednesday 29th of February!

• <u>Cost</u>: £1 per child

and from the club by a responsible adult.

- <u>Dates:</u> Wed 29th Feb, 7th Mar, 14th, 21st and 28th March
- <u>Times:</u> 1540 registration, 1550—1650 activities
- Activities: Games and Multi Sports
- Open to all Primary School children between Primary 1 and 3 (5-8 years)

- 2. FREE <u>Spring Holiday Activity Programme</u> for Children at Kings Park Secondary (PE DEPT)
 - <u>Cost:</u> Free with Glasgow Kidz Card, £1.60 otherwise
 - <u>Dates:</u> Monday the 2nd of April to Thursday the 5th of April 2012
 - <u>Times:</u> 1300-1500, sign up 15 mins before each day
 - <u>Activities:</u> Arts and Crafts, Games, Dance and Multi Sports
 - Open to all Primary School children aged 5-12 years

<u>Child's Details</u>		
Application Form for 1. Community Club or 2. Holiday Programme or 3 Both?	1, 2 or 3 (delete as appropriate)	
Child's Name		
School and Class		
Kid's card/Young Scot Card No		
Home Address		
Date of Birth		
Parent/Carer Details		
Name		
Relationship to child		
Address (if different from above)		
Telephone Number (s)		
Emergency Contact Name and Number		
Does your child have any disability or medical condition requiring treatment or medicine?		
I agree to my child participating in the Spring activities at King's Park Secondary School and that he/she is in good health and capable of taking part. I consent to my child being photographed to promote future programmes yes / no (delete as appropriate)		
Signed		
Date		
Name PRINTED by parent or carer		
Active Schools and Glasgow Life will not disclose the information you provide to any outside person or organisation except where required to do so by law or with your own consent. Personal information will continue to be exchanged between Glasgow City Council and Glasgow Life as required or permitted by law.		

Please Note: All details are correct at time of going to print but may be subject to change. Some activities are outdoors and appropriate clothing should be worn. *Under 8's must be accompanied and supervised at all times by a responsible parent or guardian. All children should be escorted to

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